REC 120, #36636 - Leisure and the Quality of Life

Course Description:
This online course is available on Canvas. Students are expected to be familiar with online learning using Canvas. This course provides an overview of the historical, psychological, social, and cultural aspects of leisure, recreation, play and their role in contemporary society. Nature of play and leisure behavior in human development within different cultures and the contribution leisure, recreation, and play make to the quality of life for individuals in today’s society. This course fulfills a Social and Behavioral Sciences (SB) requirement. General Education enhances students’ abilities to critically analyze information and ideas and effectively communicate in Written, Oral, Visual, and Numerical form. General Education is WOVeN through the curriculum at Scottsdale Community College.

Course Objectives:
* Communicate one’s personal ethic regarding the importance of leisure, recreation, and play.
* Demonstrate understanding of the basic themes of play, time, games, work, recreation, and leisure.
* Analyze and understand leisure throughout the life cycle and the constraints and misconceptions that impact leisure.
* Communicate the role leisure plays in religion, life styles, life stages, and socioeconomic status.
* Demonstrate a basic knowledge of the philosophical, conceptual, and theoretical aspects of leisure, recreation, play, games, and tourism.
* Explain the evolution and importance of leisure in civilization and world cultures.
* Communicate understanding of the impact that gender, ethnicity, religion, race, age, economic status, sexual orientation, location, culture, norms, peers, and society has on leisure.
* Understand issues related to the future of leisure.

Course Text:
A copy is on reserve in SCC library.

Grading: (see “Grades” in Canvas, all assignments available in “Modules” tab)

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<tr>
<th>Requirement</th>
<th>Date Due</th>
<th>Points</th>
<th>% of Total</th>
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<tr>
<td>Reading Assignments</td>
<td>see schedule</td>
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<td>43</td>
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<td>Paper: Theorist Research</td>
<td>11/3</td>
<td>20</td>
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<tr>
<td>Two on-line tests (mid-term &amp; final)</td>
<td>11/3 &amp; 12/15</td>
<td>60</td>
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<td>5 Reaction Papers (15pts each)</td>
<td>see schedule</td>
<td>75</td>
<td>25</td>
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<tr>
<td>Discussion Board (5 at 3 pts each)</td>
<td>see schedule</td>
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TOTALS = 300 pts. 100%

A = 300 – 270  B = 269 – 240  C = 239 – 210  D = 209 – 180  F = 179 or less.
Please note the following:
*All assignments should be accessed and submitted on Canvas—see “Modules” tab.
*Please use .doc, .docx or .pdf files when attaching documents in Canvas.
*If you have not completed and submitted at least one (1) assignment by 10/27 you will be withdrawn from the course.
*After you submit assignments I can then grade and post point totals in “Grades” tab in Canvas. Please check to see that your points are posted.
*All assignments are due on or before the scheduled due date, (see class schedule), assignments can be completed & submitted early!
*Zero (0) points will be posted in “Grades” once the due date has passed for Reading Assignments and Discussion Board Questions.
*Late assignments/extra credit will not be accepted after 12/15.

Reading Assignments:
There are 13 reading assignments (chapters 1-11, 12/13, 14/15/16). A 10 point reading assignment is due on or before the posted due date (see class schedule). Students are expected to read each chapter and answer/submit answers to the 10 questions. You can click “save all answers” and come back to the assignment later. Once you have completed the assignment click “submit.” If you have not completed and submitted the reading assignment by the due date, zero (0) points will be posted for that reading assignment.

Paper: Theorist Research:
Students are to choose a person from the following list. With prior approval from the instructor another person may be chosen or the student may choose to interview a person currently in the industry. References (at least 2) should be included in the paper. Use either MLA or APA format – be consistent. This paper should provide background info and the philosophy (leisure/recreation/play) of the chosen person. Do some reading about your selected person, then answer as best you can; a) what contributions has this person made in this field? b) How would this person define leisure, recreation and play? c) How would this person describe the future of leisure, recreation and play? d) How would this person describe cultural differences? This should be a two to three page typed paper (20 points), minus 5 points for late papers. Visit SCC Library web site (click tab – “Research Guides” then “find guides by . . .”) Class – REC120 at http://library.scottsdalecc.edu/REC120

Arthur Ashe  Edith L. Ball  Eunice Shriver
Benton MacKaye  Jack LaLanne  John James Audubon
Richard Kraus  Jesse Owens  Joseph Lee
Henry David Thoreau  Juliette Gordon Low  Gifford Pinchot
Paul Petzoldt  Sigurd Olson  Jane Fonda
Kurt Hahn  Pierre Bernard  Walt Disney
Frederick Law Olmsted  Rachel Carson  John Burroughs
John Wesley Powell  Edward Abbey  Charles Bright bill
Jane Addams  Theodore Roosevelt  John Muir
Mary Colter  Muhammad Ali  Dalai Lama
Exams:
The midterm exam (due 11/3, worth 30pts, if late minus 5 pts) is an onsite visit (visit must occur this semester) to a recreational agency of your choosing. After the visit answer the questions and submit on Canvas – see midterm exam. The final exam (due 12/15, worth 30pts) is open book, open notes, and is not timed – you can save your answers then click submit once you have completed the final exam. The final exam covers all chapters in the text.

Reaction Papers:
There are five (5) assigned articles (15 points each). Read each article, respond to what you agreed and/or disagreed with and why. Unless noted in the article instructions, a one to two page paper reacting to each article will be due – see schedule. Minus 5 points for late papers.
All papers (theorist research, and reaction papers) should be typed and will be graded on the following 5 rubrics; 1) main idea/purpose/meets assignment-how well does the paper state and/or identify the main idea or purpose, does it meet the criteria of the assignment, 2) language-does the paper set an appropriate tone in purpose, word choice, and sentence structure, 3) organization/development-does the paper flow in a logical manner with clear transitions and a conclusion, 4) supporting evidence-are the supporting ideas and examples thoughtfully chosen, relevant and accurate, and 5) mechanics-spelling, grammar, and punctuation.

Discussion Board Questions:
There are five (5) discussion board questions worth 3 pts. each (1 pt. if you answer the question, 2 pts. if you answer the question and respond to one other student, and 3 pts. if you answer the question and respond to two other students). Please be respectful and positive in your responses. If you have not completed and submitted the discussion board question by the due date, zero (0) points will be posted in “Grades” for that discussion board question.

Extra Credit:
Occasional extra credit opportunities will be available in the “Extra Credit” tab. Extra credit points are not included in the 300 possible points. If completed and submitted these extra credit points will be added to your overall points.

As the Instructor my role is to be professional, courteous, respectful and empathic to students -
Begin and end class on time
Be prepared for each class session
Provide academic feedback and grade assignments in a timely manner
Be available for individual consultation
Clarify assignments and inform students of any adjustments to the class schedule
Students are expected to be reflective, courteous, respectful, and empathic to classmates -
Be in class and be on time
Be prepared for class sessions
Participate in class activities
Follow instructions and complete assignments
Keep up with and turn in assignments by the due dates
Put forth your best effort
Ask questions when you don't understand
Maintain knowledge of your grade status
Contact instructor right away about concerns or situations that interfere with your success in class
Comply with policies found in the College catalog and student handbook

If you have a specific physical, psychiatric, or learning disability and require academic accommodations, please contact the Disability Resources & Services office located in SC-125. You will need to provide appropriate documentation of your disability. Please contact DRS at 480.423-6517.
Class Schedule (REC120, #36636, late-start online, 10/13 – 12/15)

Week #1  Due on or before 10/13; print and carefully read the syllabus & class schedule—note the due dates of all assignments. Get started, no penalty for submitting assignments early. Introduce yourself on Canvas (see “Discussion Board” tab).

Week #2  Due on or before 10/20; Reading Assignment 1 (Chapter 1)-Importance of Leisure to Individuals and Society, Reaction Paper #1, Discussion Board Question #1.

Week #3  Due on or before 10/27; Reading Assignment 2 (Chapter 2)-Leisure Through a Social Science Lens, Reading Assignment 3 (Chapter 3)-Leisure and Quality of Life, Reaction Paper #2, Discussion Board Question #2. You must complete & submit at least one assignment by this date or you will be withdrawn from the course.

Week #4  Due on or before 11/3; Reading Assignment 4 (Chapter 4)-Leisure, Health, and Physical Activity, Reading Assignment 5 (Chapter 5)-Leisure and Well-Being, Theorist Research Paper, Mid Term Exam.

Week #5  Due on or before 11/10; Reading Assignment 6 (Chapter 6)-Leisure History and Heritage, Reading Assignment 7 (Chapter 7)-Contemporary Leisure, Reaction Paper #3, Discussion Board Question #3.

Week #6  Due on or before 11/17; Reading Assignment 8 (Chapter 8)-Leisure and Technology, Reading Assignment 9 (Chapter 9)-Leisure, the Environment, and Sustainability, Reaction Paper #4.

Week #7  Due on or before 11/24; Reading Assignment 10 (Chapter 10)-Economics of Leisure, Reading Assignment 11 (Chapter 11)-Leisure, Politics, and Public Policy, Discussion Board Question #4.

Week #8  Due on or before 12/1; Reading Assignment 12 (Chapters 12 & 13)-Campus and Community/Leisure for All, Discussion Board Question #5.

Week #9  Due on or before 12/8; Reading Assignment 13 (Chapters 14, 15 & 16)-Leisure and Geography/Leisure Through the Life Span/Charting Your Course, Reaction Paper #5.

Week #10 Due on or before 12/15; Final Exam.

Assignments are due on or before the day indicated above. Assignments are to be submitted or attached on Canvas using .doc, .docx or .pdf files. If the Reading Assignments and Discussion Board Questions have not been completed by the due date – zero (0) points will be posted. Other late or extra credit assignments NOT accepted after 12/15. Please call or email if you have any questions!